

How to find Sahara Respite



Sahara Respite
145 Earlham Grove,
Forest Gate,
London, E7 9AP

Tel 020 8555 3735
Fax 020 8555 3734

Nearest Tube:
Stratford – 20 minute walk
Rail station:
Forest Gate – 2 minute walk
Bus routes:
Services to London and
surrounding areas, 2 minute walk



Sahara Care
Pathways to Positive Outcomes

Sahara Care Limited
101-113 Longbridge Road, Barking
Essex IG11 8TA

T 020 8507 5802

F 020 8591 2514

E info@saharacare.co.uk

W www.saharacare.co.uk