



Sahara Home
Forest Gate, London



Sahara Care
Pathways to Positive Outcomes

Sahara Home is our first service offering supported living with 24-hour support. The service is designed for female tenants aged 18+ with learning disabilities, including people with profound and multiple learning disabilities, people on the autistic spectrum and people with learning disabilities who also have mental health needs or sensory impairment.

Our approach

Sahara Home's approach is to support each tenant to live as independently as possible, in the way that they choose. We work with each tenant, and people important to them, to create an individual support plan, built around the support they need, their right to make lifestyle choices, what they want to achieve and what we need to do to support that to happen.

Our aim is to meet individual needs and aspirations, assisting tenants to build on existing skills, to learn new skills and to live a fully inclusive life.

Inside Sahara Home

Sahara Home has four large bedrooms on the ground and first floor, accessible by the main hallway and staircase.

Rooms are fully furnished but tenants can choose to bring or buy their own furniture. The comfortable and welcoming building is complemented by its large and attractive garden, which is ideal for relaxing in.

The focus of Sahara Home and our staff team is to value and respect individual choices and needs and to support tenants' control over their own lives.

This includes assisting with developing daily living skills and providing support in a range of areas, including:

- personal care, including medication management
- maintaining tenancies, including budgeting and understanding tenancy agreements
- accessing appropriate benefits
- job-seeking and making job applications
- accessing educational centres
- socialising and accessing community facilities.

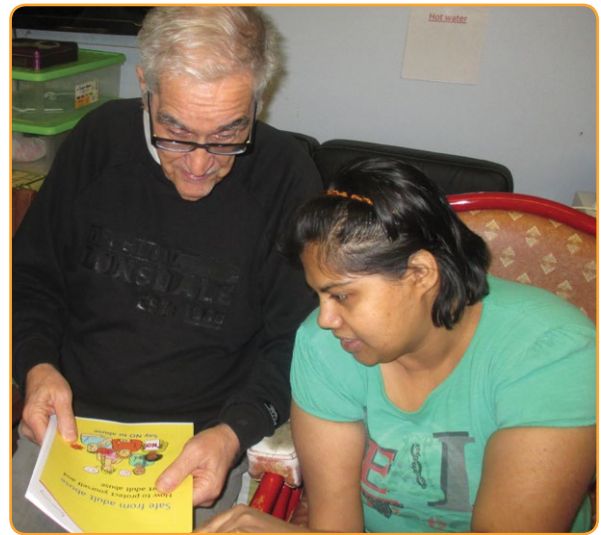
We encourage our tenants to play as active a part as possible in the life of Sahara Home, through tenant meetings and independently facilitated advocacy forums and by contributing to decisions on how the service is run through their involvement in issues including staff recruitment, refurbishments, quality assurance and business planning.



About our community

Sahara Home is close to the centre of Forest Gate and East Ham, offering easy access to shops, health services, libraries, Jobcentres, other community facilities and places of worship. We also encourage and enable tenants to play an active part in their local community through involvement in organisations like community partnership boards and forums.

We also have excellent transport links into London and our location makes it easy for tenants to travel to see their families and friends or for visitors to come to Sahara Home.



Sahara Home

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